

## **CRISIS RESOURCES**

### **For Responders and Health Professionals**

[Tips for Managing and Preventing Stress: A Guide for Emergency Response and Public Safety Workers](#)

[Mental Health Response to Mass Violence and Terrorism: Stress Prevention, Management, and Intervention](#)

### **For Adults**

[Tips for Survivors of a Traumatic Event: Managing Your Stress](#)

[Tips for Survivors of a Traumatic Event: What to Expect in Your Personal, Family, Work, and Financial Life](#)

[How to Deal with Grief](#)

### **For Students**

[In the Wake of Trauma: Tips for College Students](#)

[After Disaster: What Teens Can Do](#)

### **For Parents and Teachers**

[Tips for Talking to Children after a Disaster: A Guide for Parents and Teachers](#)

### **For Parents**

[Tips for Talking to Children in Trauma: Interventions at Home for Preschoolers to Adolescents](#)

[Tips for Talking to Children and Youth after Traumatic Events: A Guide for Parents and Educators](#)

### **General**

[Human Response to Natural Disasters](#)

Acute Response to Emergencies: Findings and Observations of 20 Years of Experience

Structural and Personal Social Processes in Disasters

Taking Care of the Caregivers Presentation