



“What to Expect – Vaccine Side Effects”

The viruses in the flu shot are killed (inactivated), so you cannot get the flu from a flu shot. Some minor side effect that could occur are:

- Soreness, redness, or swelling where the shot was given
- Fever (low grade)
- Aches

If these problems occur, they begin soon after the shot and usually last 1 to 2 days. Almost all people who receive influenza vaccine have no serious problems from it. However, on rare occasions, the flu shot can cause serious problems, such as severe allergic reactions.

