

Sick with the Flu

For a guide to taking care of yourself: What to do if you get sick with the flu, go to:

<http://www.cdc.gov/flu/takingcare.htm>



Seasonal and Novel H1N1 Flu: A Guide for Parents

http://www.cdc.gov/flu/professionals/flugallery/2009-10/pdf/pan_flu_brochure.pdf

